



Alpine County Behavioral Health Services  
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## Notice of Significant Change

**Issuance Date:** March 5, 2026 **Updated:** March 11, 2026

**Effective Date of Updated Member Handbook:** May 1, 2026

Dear Medi-Cal Member,

This Notice of Significant Change is to inform you that Alpine County Behavioral Health is updating the information contained in the Medi-Cal Member Handbook. State requirements mandate that Medi-Cal behavioral health delivery systems notify members at least 30 days before any significant change to covered services, provider information, or program operations.

The updated Member Handbook will take effect on the date listed above. As part of this update, Alpine County Behavioral Health is adding the following new specialty behavioral health services. These services may be available to eligible members based on assessed need:

- 1. Parent-Child Interaction Therapy (PCIT)**  
An evidence-based therapy that supports improved interactions and communication between young children and their parents or caregivers.
- 2. Assertive Community Treatment (ACT)**  
A comprehensive, team-based behavioral health service for adults with serious mental illness who need intensive, ongoing support to live safely in the community.
- 3. Coordinated Specialty Care (CSC) for First Episode Psychosis**  
A team-based, early-intervention program supporting individuals experiencing first episode psychosis.

These additions are intended to strengthen the range of services available to our community and improve access to evidence-based behavioral health care.

If you have questions about these services, need help understanding how they may apply to you or your family, or would like a free copy of the updated Member Handbook, please contact:

### **Alpine County Behavioral Health**

You may also request information in alternative formats or languages at no cost.

Thank you for being a valued member of Alpine County Behavioral Health.

Sincerely,

**Alpine County Behavioral Health**