



Public Health Brief

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Monday, December 16, 2024

Now's the time to start taking flu season seriously

If you haven't received your annual influenza vaccination, *now* is the time!

A picture is worth a thousand words, so I will give you several pictures and minimize further words!

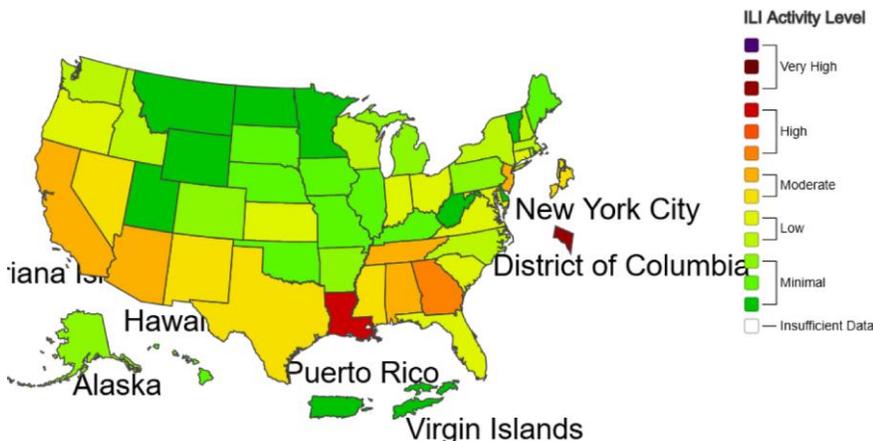
Covid-19

Flu

RSV



2024-25 Influenza Season Week 48 ending Nov 30, 2024



Public Health
Prevent. Promote. Protect.

Alpine County Health Department, 75-B Diamond Valley Rd., Markleeville, CA 96120

Alpine County Board of Supervisors, Phone: (530) 694-2281

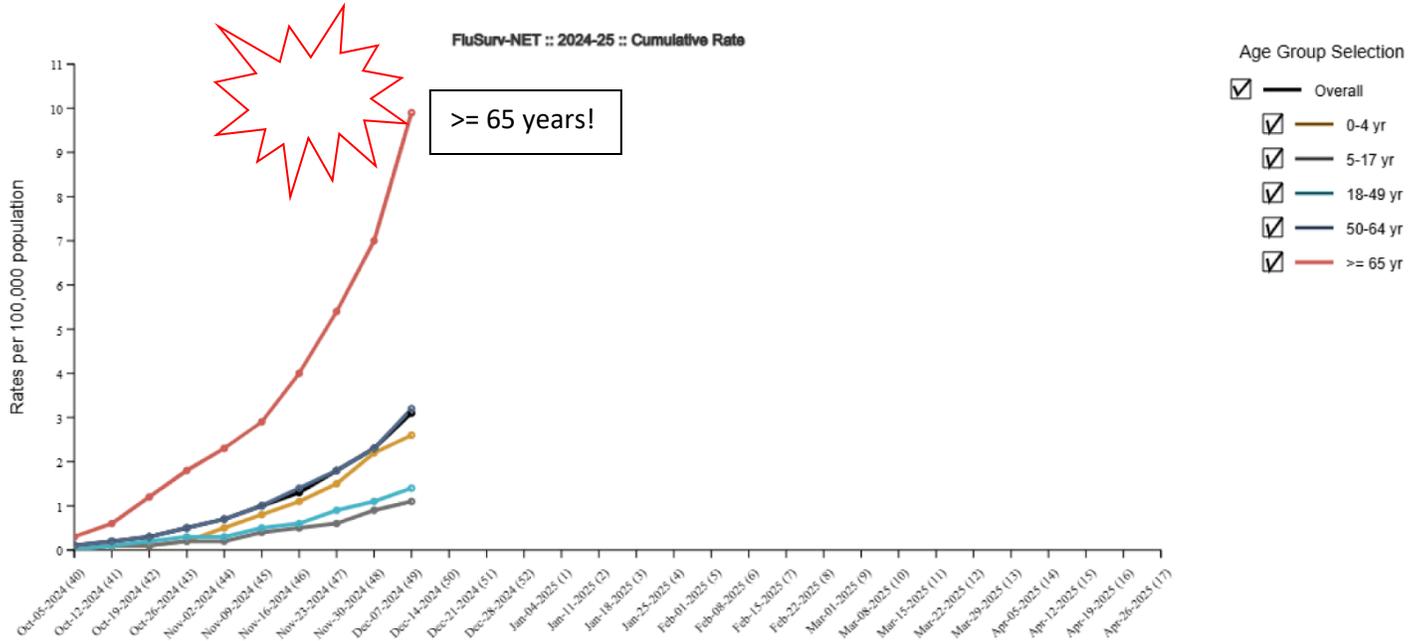
District 1: Charles Dobson, District 2: Ron Hames, District 3: Irvin Jim,

District 4: Terry Woodrow, District 5: David Griffith

Are you 65 years of age or older? Pay attention!

Laboratory-Confirmed Influenza Associations, FluSurv-NET, 2024-25

Preliminary cumulative rates as of Dec 07, 2024



Season flu vaccines, as well as COVID and RSV vaccines are available at your local pharmacy.

As seniors, or for those of you who will be around seniors, do what is right for you and your family and friends as we approach this holiday season.



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