



## Public Health Brief

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Tuesday November 7, 2023

# Opportunities to Get Your Flu Vaccine

Alpine County Public Health will be at both of the following events to administer flu vaccine to all over 6 months of age. No charge to you. If you are on Medicare, we ask that you bring your card. We will be offering both the regular dose and also the high dose flu shot for persons >64 years of age.



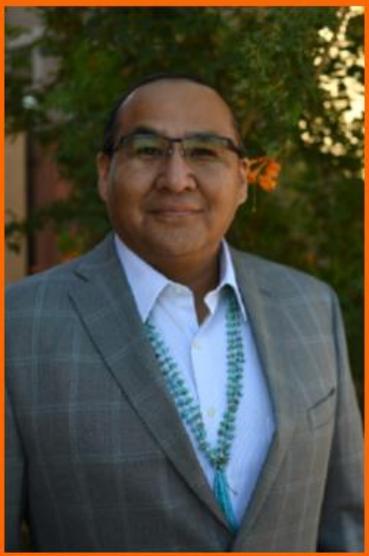
NOVEMBER  
**NATIVE AMERICAN**  
HERITAGE MONTH

Alpine COUNTY  
BEHAVIORAL HEALTH SERVICES

*Keynote Speaker Allen King*  
"Community Empowerment"

Dinner provided by Alpine County BHS  
Hung –A-Lel-Ti Wellness Center (gym)

*Wednesday*  
*November 8, 2023 6-8pm*





**Public Health**

Prevent. Promote. Protect.

Alpine County Health Department, 75-B Diamond Valley Rd., Markleeville, CA 96120

Alpine County Board of Supervisors, Phone: (530) 694-2281

District 1: Charles Dobson, District 2: Ron Hames, District 3: Irvin Jim,

District 4: Terry Woodrow, District 5: David Griffith

# 50+ POTLUCK

## *Honoring Alpine County Veterans*



**Hear stories of those who served in the past and the recent adventures of our young men and women who are recently enlisted. We will also be discussing and celebrating our Military Families who sacrifice so much when loved ones choose to join the military and deploy.**

**BHS/50+ will provide Roast Beef and Autumn Salad. Please bring a side dish or dessert to share.**



**Thursday, November 9th, Noon-2pm**



**If you are unable to attend either of these events, and would still like to get your flu vaccine, please call us at 530-694-2146, Option 2, to schedule an appointment at our clinic in Woodfords.**



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