



Public Health Brief

Richard O. Johnson, M.D., MPH

Public Health Officer

Office: 530-694-2146, Ext 249

e-mail: rjohnson@alpinecountyca.gov

Nichole Williamson

HHS Director

Office: 530-694-2235

24/7/365 Emergency Contact Number

Dispatch: 530-694-2231, Ext 330



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It Is Not a Matter of "IF", It is "When" Will the Next Disaster Strike

Being prepared for disasters and emergencies can seem like a big job. Many people don't know where to start, so they never start at all. With **Do1Thing** you can take small steps that make a big difference in an emergency. **Do1Thing** is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

We in Public Health have plans and are constantly working to make sure we are ready when something happens in our communities. However, as much as we plan and work to be ready, we may not have enough resources or the ability to reach you if something catastrophic or suddenly occurs in our county. Therefore, we also depend on you to do the best you can to prepare for the inevitable surprises!

Here is a LONG list of things you as individuals and families can work on.

Emphasis – **1 THING AT A TIME!** We are all in this together!

https://www.do1thing.com/wp-content/uploads/2021/03/d1t_00_factsheets.en_.pdf



Public Health

Prevent. Promote. Protect.

Alpine County Health Department, 75-B Diamond Valley Rd., Markleeville, CA 96120

Alpine County Board of Supervisors, Phone: (530) 694-2281

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