



ALPINE COUNTY BEHAVIORAL HEALTH SERVICES

40 Diamond Valley Road, Markleeville, CA 96120
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The mission of ACBHS is to provide safe, ethical and accessible services that inspire personal growth and development through strength-based behavioral health programs and supportive connections.

PLEASE POST

ALPINE COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

**Thursday, August 22, 2024
12:00PM-1:00PM**

IN-PERSON MEETING

*This meeting will be recorded for the purpose of documenting accurate minutes.
In accordance with the procedures set forth in Government Code §54953(B), this meeting will be held at the address listed below.*

Alpine County Behavioral Health Services
BHS Community Room
40 Diamond Valley Road, Markleeville, California 96120

AGENDA

BOARD MEMBERS: Kate Harvey, Chair and Consumer Representative
Becky Thornburg, Board Member and Family Member Representative
Rita Lovell, Board Member and Public Interest Representative
Sara Daniel, Board Member and Public Interest Representative
Irvin Jim, Board Member and Board of Supervisor Liaison
Charles Dobson, Alternate Board of Supervisor Liaison

1. CALL TO ORDER MEETING - SILENT ROLL CALL

2. ORAL COMMUNICATION - GENERAL PUBLIC COMMENT

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not appearing on the agenda. (Three (3) minutes per person respectively).

3. CONSENT AGENDA

These matters are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- 3.1 Approve June 2024 minutes
- 3.2 Approve July 2024 minutes
- 3.3 August 2024 Agenda

4. UNFINISHED BUSINESS

4.1 Check-in on: Recruitment for new Board members and progress on the following assignments:

- Provide transportation to Behavioral Health Board meetings for board members.
- Go to CTG on August 30, 2024, and have a board member sit at each table to discuss becoming a board member.
- Discuss recruitment at 50+.
- Jackie is willing to put something in the next issues of the Alpine Threads.
- Put a section in “Let’s Connect Newsletter”
- Go to “Burritos and Books” in Sierra Pines on 7/31/2024
- Speak with Woodford Community Council about attending one of their meetings.
- Go to Kirkwood during the “Book Mobile” and possibly see if Kara might know people who would be interested.
- Talk to Nathan about presenting something during the Bear Valley CTG

4.2 Changes in by-laws

- Change MHAB to BHAB “Behavioral Health Advisory Board” in by-laws
- Any verbiage that is “AOD” needs to change to SUD (Substance Use Disorders)
- BHAB needs to include a youth representative, a Veteran, and school district employee
- Current roster has vacancies for:
 - Consumer member and an alternate
 - Family member of consumer
 - Youth representative under age 25
 - Veteran
 - Representative from Alpine County Office of Education

5. NEW BUSINESS

5.1

6. BHS DEPUTY DIRECTOR REPORT

6.1 Update on MHSA and clinical services:

- Implementation of Wellness Center at Diamond Valley School and service delivery
- Implementation of home-based services and site-based services at Hung-a-lel-ti firehouse as of September 1, 2024
- Crisis response with Alpine County Sheriff – proposed plan (draft)
- MHSA plan updates –

funding for Full-Services Partnerships increased
Funding for General Systems Development increased

6.2 Update on prevention programs – Dawn/Jackie/Nate

Clinical presentation - Social media and youth depression/ anxiety – statistics and mitigation (?) in schools
What clinical staff are seeing in Alpine County related to mental health and social media

7. BOARD MEMBERS' ANNOUNCEMENTS AND REPORTS:

8. ADJOURNMENT

The Board will adjourn to a regular monthly meeting on

Signature: Kate Harvey, Chair
Mental Health Advisory Board
Approval Signature Date:

Prepared By:
Alpine County Behavioral Health
Approval Signature Date: